

A blue umbrella is open and leaning against a mossy stone wall. The background is a lush, green, mossy stone wall. The umbrella is the central focus, with its handle pointing downwards. The text is overlaid on the image.

IN YOUR VEGAN STYLE

SPRING 2019

*“Gearing” up for
a super season*

SPRING CLEANING?
MORE LIKE REVAMPING

THE *plant-based* CHAIN
REINVENTING *fast food*

7 tricks
to make
you feel
fierce!

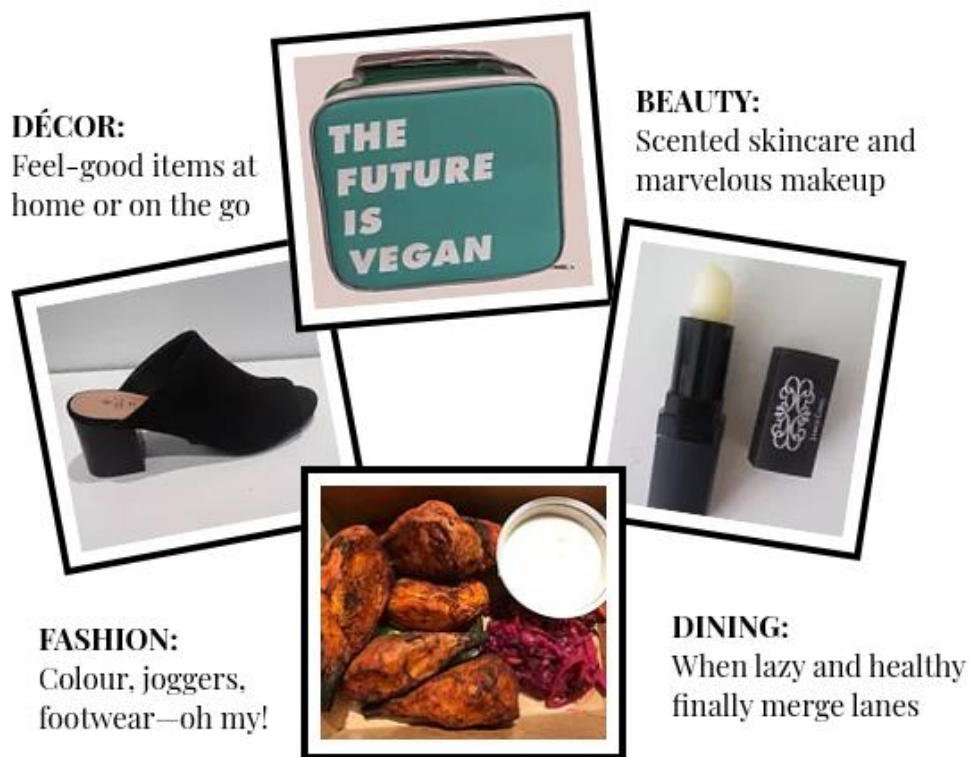
SPRING 2019

Aaaaand it's spring! Those of us who live in seasonal climates will let any potential tropical-weather-readers in on a little secret: most of us don't like the cold either. So when this time of year comes around, we are *so* ready to go tanning once it hits like, 10°C.

Call it a spiritual and metaphorical rebirth, cleanse, or altogether awakening. After months of bundling up, curling up (on the couch), and perhaps even giving up (on a fitness routine and healthier eating), it's time to press the restart button.

It's a pretty significant moment to strip off the literal and figurative layers! Forgoing tradition, we like to think of spring as the optimal time to set positive goals in all aspects of our life. Take a new course, take better care of yourself, take time to reevaluate.

In the meantime, check out our latest issue with a timely focus on transition... Click the images to explore each stylish section and feel free to send feedback!



DÉCOR:
Feel-good items at home or on the go

BEAUTY:
Scented skincare and marvelous makeup

FASHION:
Colour, joggers, footwear—oh my!

DINING:
When lazy and healthy finally merge lanes

SPRING 2019

FASHION

Another benefit to veganism: going wool-free means your spring clothes can get extra use in the fall. That also means you can feel less guilty if you want to treat yourself to some new items now as you pack your thicker winter clothes away. The latest looks are pull-on pants and skirts, printed dresses and knitwear, cute shoes, and fun accessories. Pair with basics you already have, like a solid T-shirt, or throw the sweater and shoes on with jeans and light jewelry. And your new spring look is done! We love balancing new and old, feminine and funky. Then again, it is *always* cool to be kind. With such an effortless style, you will have nothing left to do but wait until summer...



Clockwise from top left: Zara polyester Print Dress, Chelsea28 polyester/spandex Print Track Pant, Wilfred polyester Terre Skirt, Anthropologie cotton/acrylic Bricollage Cardigan, J.Crew cotton Baseball Cap in Liberty Florals, Call It Spring textile Rabisha heeled mules, BOBS By Skechers fabric Beach Bingo Sneakers, Love and Lore polyester Crossbody Bag

SPRING 2019

DÉCOR

You may want to spend less time at home now that there's more reason to get out (sunshine and warmth... outdoor activities... people in better moods), but springtime is also optimal for reviving your humble abode. Plus, we think you might want to have a few cute things that you can take with you on the go. Especially if that involves subtly spreading the vegan message. Pack your meals in containers that mean something, nibble on some cookies after work or school, invite over guests for dinner and drinks, get started on your gardening to make even the outside of your house happy, and tuck yourself or your kids in with some cute and happy sheets. Ahhhh, spring!



Clockwise from top left: Paperchase The Future Is Vegan BPA-free Snack Boxes and polyester/aluminum foil Lunch Bag, Pottery Barn Kids 100% organic cotton Retro Heart Duvet Cover, Martha Stewart melamine 4-piece Pineapple Appetizer Plate Set, Urban Barn ceramic Dark Side Jar, Prepara Market Fresh Berry Bowl, Distinctly Home ceramic Planter with Tray, Crate & Barrel Wood and Marble Coasters

SPRING 2019

BEAUTY

No matter how extensive your daily beauty routine is, chances are, you are likely to change things up a bit once the season transitions into a warmer one. Whether it's ditching your heavy moisturizer, adding sunscreen, or incorporating more sweat-proof makeup, it might be necessary to try some new products. We happen to love finding more and more vegan-friendly, cruelty-free options at the local drug store and specialty boutiques! So here are seven more tips and tricks to try out now that spring is back. Enjoy the awesome scents, soothing formulas, and—of course—keeping it compassionate. And doesn't that make you feel even more beautiful?



Clockwise from top left: Rempure Rose Water Shampoo and Conditioner; Janice Carol Cosmetics Vitamin E stick and cruelty-free makeup brush; The Body Shop Body Butter in Strawberry, Satsuma, and Mango; Green Beaver Aluminum-Free Antiperspirant in Voyage (men) and Verge (women); Boo Bamboo Anti-Wrinkle Line Lifting Face Cream; Pixi by Petra Flawless Beauty Primer

SPRING 2019

DINING

It seemed that as soon as New Year's Day hit, many big news outlets were quick to declare 2019 "The Year of the Vegan". None of us already in the community doubted that for a second, and here's more proof that it's true: more fresh fast food options. Case in point is Copper Branch, which has been quickly expanding across Ontario, Quebec, and Alberta, with a few locations even in France and Florida. Although not quite that "fast", the company has its own app that lets you pre-order and pick up your food when it's ready for greater efficiency. One of many standouts is their Buffalo Wings (with a possibly-too-believable consistency and a wooden "bone").



Clockwise from top left: The Copper Branch location at 10 Disera in Thornhill, Organic Spinach Hummus, Spicy Buffalo Wings with garlic aioli, the Aristotle bowl, the General Copper bowl with shitaake teriyaki, Poutine with Cremini Mushroom Sauce