

# IN YOUR VEGAN STYLE

SUMMER 2019

**SWEETS and  
TREATS to  
BEAT the  
HEAT**

*Avoid*  
the chemicals  
this season

**Fun 'n faux  
accessories  
to do your  
*best chilling***

Enjoy the outdoors  
... and the getaways!



## SUMMER 2019

Where does the time go? The older you get, the faster it seems to fly by! We are already half way through the year and veganism is definitely taking over, as predicted.

Beyond Meat stocks went public, broke records, and their burgers and sausages are *everywhere*! Most fast food, restaurant chains, and grocery stores not embracing the company are offering competitor versions or their own "plant-based" creations instead.

Meanwhile, vegan-friendly fashion and beauty products are also appearing all over. To sum up: It is becoming amazingly easier and easier to honour your belief in animal rights. Because most of us are truly uncool with the reality of innocent beings getting slaughtered and skinned for food or clothes.

And if all that wasn't enough, Toronto summers bring everyone out in party mode because even the sometimes-wonky weather is far better than our winters! Check out all things vegan...

**FASHION:** Super bags and sandals for summer



**BEAUTY:** More vegan products for your bod



**DÉCOR:** Sustainable ways to kick back



**DINING:** Celebrating the heat with cake and brunch!

## SUMMER 2019

### *FASHION*

How many times have we heard people assure us how difficult it is to find quality items that are free of animal skins and by-products? Well, guys, it's 2019 (the year of the vegan) and faux leather—not to mention various other alternatives—is everywhere. Not only can we feel oodles better about not hurting animals that way, but vegan-friendly goods are often more cost-effective, too. From mainstream stores like Banana Republic and Macy's carrying numerous great options these days, to fully cruelty-free companies like Pixie Mood (a Canadian brand that makes bags) and Mahonitas (a Brazilian brand that makes sandals), accessorizing is now easy peasy vegan squeezy!



Clockwise from top left: Pixie Mood vegan leather Gianna Crossbody, Native Shoes PU blend unisex Zurich sandals, Swell Made organic cotton tote, Anthropologie Jamie Basket Bag, TKees vegan leather Gemma sandals, G by Guess Carlyn Flat Sandals, Banana Republic Vegan Leather Medium Zip Pouch, Mahonitas EVA Mahon sandals

## SUMMER 2019

### DÉCOR

When summer finally comes around, it is equally enticing to take advantage of your backyard, deck, front lawn, balcony, porch, and so on as it is to escape your hometown and enjoy some travel time. But no matter how you decide to spend those blink-and-you'll-miss-'em few months, we think you should have some goodies with which to do it that are both vegan-friendly and environmentally-friendly. Ditch the plastic straws, disposable cups, and paper lunch bags, sip some coffee at home from a funny mug instead of grabbing a to-go cup down the street, and perhaps do a little cooking, photographing, and relaxing outside with friends. You earned this needed break!



Clockwise from top left: Crate & Barrel Stainless Steel Straws, Love and Lore vegan leather Passport Cover Travel Icons, Charming Charlie stainless steel Squeeze The Day Lemon Water Bottle, Lace and Twig ceramic mug, Distinctly Home Cruz Folding Deck Chair, Sunnyslife Underwater Camera, Old Navy Graphic Canvas Lunch Tote, Charming Charlie Succulent Spoon Rest

## SUMMER 2019 BEAUTY

There's something about the warmer months that make you feel more alive... and willing to get out there and socialize more, am I right? But, sometimes, those heat and smog warnings, summer thunderstorm warnings, and the like can threaten to disrupt the fun. Veganism as a movement is not only driven by the desire to protect animals (although, for many of us, it is the primary motivation), it has environmental benefits related to climate change. Then, while searching for products to substitute non-vegan ones, you might also start noticing the foreign ingredients listed on numerous bottles. Slathering your body with natural vegan options is certainly more appealing...



Clockwise from top left: The Green Beaver Company Natural Mineral Sunscreen, Shea Moisture Raw Shea Butter Hydrating Facial Wipes, Method Body Wash in Cucumber Seaweed, Botanics Hydrating Day Cream, Delectable Body Lotion, Love Your Planet Hand Lotion, Botanics Radiant Youth Refining Microdermabrasion Polish, The Body Shop Himalayan Charcoal Fortifying Clay Wash

## SUMMER 2019

### *DINING*

No matter what you are celebrating this summer—a birthday, anniversary or a Thursday—Vegan Danish Bakery and Copenhagen Cafe are always a good idea. VDB, the big sister, is still located in its original spot just north of the city in Thornhill. What began as a modest little counter-top takeout style bakery in front of a costume shop ultimately morphed into the cute little eatery it is today. The sister owners renovated and converted the space so well, in fact, that it spawned another location with a different name right in the heart of Vegandale. Both of them take orders for delicious layered cakes in a plethora of options, but also serve amazing breakfast foods now!



Clockwise from top left: Salted Caramel Pecan Cashew Ice Cream Sundae, the pretty interior of Copenhagen Cafe at 1312 Queen St W in Toronto, The Viking Plate from their brunch menu, outdoor signage at Vegan Danish Bakery, various birthday cake flavours (such as vanilla, chocolate, coconut, and strawberry shortcake) and cupcakes, the inside of VDB at 7718 Yonge St in Thornhill, as well as some savoury treat options