



IN YOUR
VEGAN STYLE

MAR 2018

KNITS,
PRINTS,
AND SANDALS
TO GET YOU

*Vacation-
Ready*

PUTTING THE 'FUN'
IN 'FUNCTIONAL'
WITH CUTE TRAVEL
ACCESSORIES

A Getaway

DINING SPOT
THAT'S TRULY
"SUBLIME"

MUST-HAVE
*supplies to
pack in your
beauty bag*

MARCH 2018

This time of year is tricky... it's not quite spring, not quite cold enough to be running errands in your winter coat without breaking into a sweat. But this is all the more reason to leave the quirky transitional weather behind come March Break and take a week off. The seasons should have made up their mind by the time you get back, right?

And since stressing over what to pack kind of defeats the purpose of a relaxing holiday, this issue includes helpful (and clickable) ideas with which to fill up your suitcase: some hot-weather-appropriate fashion pieces, travel-friendly toiletries, cute décor to cover your vacation activities, plus a Florida location for great food and potential star sightings.

As with regular day-to-day vegan life, traveling may require getting some simple recommendations and having backup options in mind before heading out. Then, just be sure to pick the right airplane meal (and bring your own non-perishable goodies)... Now click the images to explore this month's features!

Dining:

A long-open staple in warm Ft Lauderdale



Fashion:

Top-to-bottom looks for a warm getaway



Beauty:

Helpful items to take your routine on the go



Décor:

Colourful items that make helpful activities

MARCH 2018

FASHION

Hopping on a plane for a week as the winter winds down is a nice way to take a break and chill out before spring. Why not enjoy some extra sun while waiting for the snow to melt, the ground to thaw, and the gloominess to transition into warmer days? Figuring out what to take for clothes can be challenging given you likely haven't tried much of your wardrobe on in several months, while the new trends are only just beginning to reveal themselves... So keep it relatively basic with lightweight fabrics, some pretty embroidery, cute footwear, functional accessories, plus throw in something colourful to help you feel truly tropical. For most trips, casual is where (and *wear*) it's at.

Clockwise from top left:
American Eagle Outfitters
cotton Embroidered Roll Sleeve
T-Shirt, Old Navy faux leather
Skinny Perforated Belt, J.Crew
cotton striped Racerback Tank
Dress, Club Monaco polyester
blend Ladalia Top, Loft
polyester Wildflower Fluid
Drawstring Pants, Corda rope
sandals, Nalho cotton Karabi
sandals, Mavi cotton blend
Vanna Jean Shorts in Dark
Shaded Tribeca



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BEAUTY

Traveling always requires some decisions when it comes to toiletries and cosmetics. "Which large bottles do I need to transfer to small bottles?" "Which products can I not live without?" "Which items can I simply buy in travel size?" "How do I prevent a shampoo explosion in my bag?" Some people may believe it's hard to maintain a vegan way of life on the go, but that's not true! It just takes a little investigating to find the right goodies. So grab some travel-sized hair products, organic cotton swabs and face pads, cruelty-free makeup brushes in a portable case, talc-free baby powder to help speed up drying after a swim or shower, and don't forget to have your nails done vegan style!



Clockwise from top left: Swisspers cotton swabs, Organyc cotton face pads, Yarok Feed Your Ends Leave-In Conditioner, Baby Hugo Naturals baby powder, Live Clean Fresh Water Hydrating Conditioner in 2 oz. Royal and Langnickel MODA Pro Makeup Brushes 7PC Total Face Flip Kit, Sparitual nail polish in Color Trip

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DÉCOR

Taking a break from life for a week or more means leaving behind a lot of the items we hold dear back at our house or apartment, but just because home décor is not relevant for a getaway, doesn't mean *travel* décor isn't. And whether you're leaving on a jet plane, taking a road trip, or simply hustling and bustling around your local city (and plopping on the couch at the end of the day) for a staycation, the following items can certainly come in handy. Keeping your body hydrated, your electronics charged up, your clothes wrinkle-free, your jewelry organized, your yoga mat mobile, and your tablet readable are all important to ensuring your March Break is fabulous!



Clockwise from top left: Joy Mangano My Little Steamer Go Mini Hand Steamer, Kikkerland iBed Lap Desk Wood, S'well high-grade stainless steel bottle in Lily Wood, Sonix Portable Charger in Mandarin Bloom, Gaiam Easy-Cinch Yoga Sling, Targus World Power Travel Adapter, Estella Bartlett faux leather Jewellery Travel Case in Blush



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DINING

In the spirit of getaways, Sublime is an appropriate choice! Not only is it located in in Fort Lauderdale, Florida where many Torontonians enjoy visiting, it's also been around for ages. The groundbreaking vegan spot opened in 2003 (!) and has become known for its upscale, but approachable vibe. It even attracts celebrities—which is especially understandable after you try the coconut and chocolate cakes! While I went pasta-heavy during my own experience a few years ago, there are also salads, stir fry, and even Gardein entrées now. So when you want to take a small break from basking in all that sunshine, hop on the freeway and make it there! You won't regret it.



Clockwise from top left: Flatbread, Ravioli, Vegetable Lasagna, Coconut Cake, and Chocolate Cake at Sublime Restaurant & Bar located at 1431 North Federal Highway in Fort Lauderdale, Florida, 33304