# IN YOUR VEGAN STYLE

**WINTER 2019** 



It's been a year now since the In Your Vegan Style project began. The idea was simple, but seemed to be non-existent: An online magazine that would showcase only vegan-friendly products and places. As big style fans, it was discouraging to see most of the products in other magazines were made of animal ingredients or materials. This little dream has always focused on omitting both!

Well, like any other anniversary, our first one since launching is pretty meaningful. It may not warrant a candlelight dinner (although we wouldn't object), but we'd like to figuratively toast all our supporters from the year anyway—from the companies who graciously partnered with us to our awesome readers!

And just like the nine issues that came before, for our lucky tenth, we have compiled an excellent range of clothes and accessories, cosmetics and skincare, home goods and gifts, restaurant food and atmosphere. Feel free to get in touch with ideas or questions!



# **FASHION**

Celebrating any type of anniversary is exciting! The excuse to dress up a little and spend time with someone you love... And just because it's winter, doesn't mean your outfit has to be boring. In fact, new year, new you! Male or female, there's an inexplicable relationship we often have with the clothes we put on our bodies. Since different shapes and fabrics can make the same figure look wildly different, focus on what works for you rather than what doesn't. How you express yourself on the outside totally impacts how you feel on the inside, after all. Even casual can be cool, laid-back can be lovely, and fancy can be fun. It's all about infusing your fashion with different elements.



# BEAUTY

Taking care of yourself is so important, no matter what age or gender you are. It's important for your own benefit, but also for the people who love you. Vegan eating is a great start, provided you balance the many great vegan junk food options readily available now with your fruits, veggies, beans, and legumes! But arguably, the products we use on our bodies are just as important as the food we put in them. And chemicals just won't do-for the sake of our health, animals, and the planet. After all, how we feel about ourselves is a direct reflection of how we treat ourselves. So how about focusing on more natural skincare and cosmetics that are cruelty-free, to boot?



Clockwise from left: Alaffia Everyday Shea Body Lotion, Preserve recycled plastic toothbrush, Cake The Locks Smith Dry Conditioner, e.l.f. Hydrating Serum and Clay Eyeshadow Palette, Delectables The Everything Powder, Live Clean Fresh Face Night Cream, Yes To Cucumbers Facial Wipes

# DÉCOR

The traditional gift-giving season may be over, but anniversaries (along with other occasions) keep coming. So what can you get the love of your life or another person you just like a whole lot? Well, when it comes to buying someone special something special, try focusing on how you want them to feel. Flowers and chocolate are classics for a reason because most people in the world are content with both. But the problem is: they're not very personal. Décor gifts, on the other hand, can also be foolproof, with a major bonus of more individualization. Because everyone wants to feel good when they're at home! Check out some of our ideas below for different giftees.





Clockwise from top left: Verilux HappyLight Touch LED Energy Lamp, Gaiam Restore Total Body Massage Kit, Anthropologie stoneware Ceramic Bloom Vase, Indigo jersey and foam Weekender Comfort Kit, Urban Barn engineered wood Happy Place Block, Manscaper Fog-Free Shower Shaving Mirror









# DINING

As wonderful as vegan food in Toronto is, most restaurants seem to fall into either the fresh/wholesome/granola or the faux meat/faux cheese/comfort category. But to correlate with the multiculturalism our city is known for, infusing some culture into the cuisine is truly important. Enter Rosalinda—a newer, Mexican, plant-based restaurant with a cool hipster greenhouse ambience. The food is truly made from and inspired by plants, focusing on a different vegetable for each, delicious dish. Everything is warm, flavourful, and bursting with colour. The elevated vibe helps, too, for the perfect night out—like an anniversary dinner perhaps?

