



IN YOUR
VEGAN STYLE

SUMMER 2018

NO SUMMERTIME SADNESS
with these great products!

Seasonal prints

TO MATCH THOSE
BRIGHT DAYS

*Fabulous florals,
fizz, and fun
for home!*

KEEPING THE DINING
OUT EXPERIENCE
'fresh'

SUMMER 2018

No bias of personal opinion here or anything, but summer is hands down the best time of year! And we don't trust anyone who thinks otherwise :)

Between the warm sunshine and accompanying shot of vitamin D, easy fashion, fun activities, and throngs of people outside soaking up the oh-too-quick season, it's easy to understand that overall boost in our spirits.

It's arguably even easier to bask in veganism, as well, since lightweight clothes and cosmetics, gardening, and not to mention cold, fresh food are all practically synonymous with these special couple of months. And how about the festivals?

Rising temperatures also make for great road trips to visit animal sanctuaries or spend some time in cottage country and go swimming with your furry friends. And if you're staying put, enjoy some cruelty-free beer and cocktails on a patio!



FASHION:
Cheerful dresses and shoes



DÉCOR:
Fab finds for summer fun



DINING:
Make friends with salads
(and bowls, onion rings, etc.)



BEAUTY:
Get that golden glow—
without much dough

SUMMER 2018

FASHION

When it comes to the warmest time of the year (which has been getting even warmer with climate change—another reason to go vegan, in fact), sticking with lightweight fabrics that are harder to sweat through tends to be the most foolproof way to figure out getting dressed. But who doesn't still want to look as chic as possible with as minimal layers as possible? And we love the ease involved in throwing on a cute dress, cool bag and adorable shoes, and being ready to go in minutes. The more print and colour, the better! Just remember an awesome watch and jacket (even if it's sleeveless) to avoid being late for your next summer adventure.



Clockwise from top left: Hinge viscose Throw On Minidress in Pink Zephyr Wool Flowers, Lian & Liv Piñatex Piña Gold Watch, Love and Lore synthetic leather Georgia Stud Crossbody Bag Combo, Cos cotton floral shirt dress, Blowfish canvas Balla Gladiator Sandals, Sofie recycled PET polyester and plant leather Zorag sandals, Trouvé modal and polyester Belted Sleeveless Jacket, Indigo synthetic leather Funville Glasses Case, Tom's vegan Vintage Flower Camarillo Sneakers



SUMMER 2018 BEAUTY

Sure, summertime might require some extra hair removal sessions, sunscreen applications, and teeth-whitening effort as we generally expose more skin and have more fancy events to attend, but it kind of makes up for it with the light makeup, hair and soft scent aspects. It's just easier to get up and go when the sun is shining and the air is warm. It's also great when you find animal-friendly products that are just as effective and much better for you. They usually smell amazing, too! From sunscreen, wax strips and deodorant to skincare, cosmetics and perfume, there are so many fabulous options to help you maintain a fabulous summer glow (from the inside out).



Clockwise from top left: Pacifica Brazilian Mango Grapefruit Perfume, Arbonne Water Resistant Sunscreen, Nude by Nature Radiant Loose Powder Foundation in Silky Beige, Eco-Dent Extra Brite Baking Soda Toothpowder, Desert Essence Coconut Hair Defrizzer and Heat Protector, The Green Beaver Company Makeup Remover, Lipshut liquid lipstick in F*ck Trump, Meow Meow Tweet Deodorant Stick in Lemon Eucalyptus, Nad's Ultra Smoothing Exfoliating Wax Strips

SUMMER 2018

DÉCOR

Many fun pastimes come to mind when people conjure up summer in their minds. Even though July and August are not an automatic break for most of us by the time we hit adulthood, there's still something about the extra hours of daylight that make weekday evenings and all day on the weekends awesome anyway! Whether it's gardening, entertaining friends on the backyard deck, enjoying leftovers and homemade sparkling drinks, joining a softball league, or naturally capturing photos of the whole season, even soaking up the warm weather at home feels a little vacation-y. And if you can apply all of these activities to a cottage every now and again? Even better!



Clockwise from top left: Gopher Impact Zone™ All-Synthetic Baseball Glove, Crate and Barrel glass All-Purpose Pitcher, Wild & Wolf V&A 100% cotton William Morris Gloves, SodaStream soda maker, Zara Home zinc White Flowers Metal Frame, Wild & Wolf V&A Kilburn Blue Fork & Trowel, Anthropologie Paint + Petals Melamine Serving Bowl, Crate and Barrel glass Anchor Hocking® 20-Piece Glass Storage Set



SUMMER 2018

DINING

Arguably one of the pioneers of vegan-friendly dining since opening in the late '90s, Fresh has grown substantially in popularity, size, loyal fan base, and locations over the past two decades. And it's easy to understand why when you check out any of their four Toronto spots: the midtown and subway-friendly Eglinton/Yonge or Bloor/Spadina, or Queen/Spadina or Queen/Crawford (with patio) downtown. From summer salads and wholesome bowls to burgers, tacos, and signature quinoa-battered onion rings, there's something for everyone. That low-maintenance vibe also means dining is pretty simple and quick. Once you get a seat. But at least they take reservations now!



Clockwise from top left: Ace of Kales Salad, BBQ Burger topped with quinoa-battered onion ring, Monster Protein Salad, the Breakfast Burrito, Big Salad available at: 90 Eglinton Avenue East, 326 Bloor Street West, 147 Spadina Avenue, and 894 Queen Street West

