



IN YOUR  
**VEGAN STYLE**

HOLIDAY 2018

DECORATE YOUR HOME  
*in the festive spirit*

'Tis the season...  
*for new clothes  
& accessories!*

BEAUTIFY THIS WINTER  
WITH COOL COSMETICS

*Authentic Italian popping up*  
**VEGAN** *for the holidays*

# HOLIDAY 2018

The end of the calendar year evokes a mix of emotions. There's the promise of pretty snowflakes and the accompanying outdoor activities to play while bundled up to the nines, coupled with body-shivering and teeth-chattering while trying to stay warm.

There's planning for the joy and festivities of the holidays, with the underlying (or fully conscious) concern of possible tension among family members... especially if the why-still-controversial topic of veganism arises.

There's looking forward to Christmas, Hanukkah, Kwanzaa, and New Year's Eve, but dreading the winter solstice and the three months more of winter afterwards. Side note: who else loves walking with hunched shoulders all the time in the freezing cold?

But no matter how you feel about this time, there is no denying it's upon us and it's going to be magical—whether you like it or not!

**BEAUTY:**  
Defying weather  
with soft skin



**DINING:**  
Stella brings Italian  
warmth this winter



**FASHION:**  
No hot mess this  
holiday season



**DÉCOR:**  
Giddy-inducing  
gifts and goodies!

## HOLIDAY 2018

### *FASHION*

Once the holidays come around, we've likely settled into the cold (embracing it is another story) and either pulled out or stocked up on some sweaters, long sleeves, long pants, coats, outerwear, and accessories. It can be somewhat trickier to avoid wool, leather, down, fur and silk this time of year, but being festive includes the animals, too! Fortunately, there are some awesome clothing companies that have either launched with their entire platform of cruelty-free fabrics or that are expanding their lines to include vegan options to keep us cozy and warm when we rush around shopping and get together more often with family, friends and work colleagues. Style on!



Clockwise from top left: Everlane recycled polyester [The ReNew Long Puffer](#), Madewell cotton Wide-Sleeve Turtleneck, The Lovely Things faux leather [Minimal Two-Way Bucket Bag](#), Cos poly and elastane Tailored Pleat Trousers, The Lovely Things acrylic Pineapple Knit Scarf, Anthropologie acrylic Embellished Ear Warmer, Expression Inaya Velvet Bow Kitten Heel Pump, [Atypical Man](#) Microfibre Leather and Stainless Steel Anchor Bracelet and Microfibre Leather Watch, [Jonah Jay](#) polyurethane Mikki Blazer, Halogen poly/rayon/spandex Skinny Ankle Pants

## HOLIDAY 2018 BEAUTY

Holiday preparation often creates stress and anxiety. This also coincides with the colder weather, which—as Torontonians know—only messes with the natural moisture of our skin and hair. Both of these factors happen to keep people indoors more often, leading to a plethora of illnesses that tend to circulate around the office or classroom and then transfer to home. So good luck out there, folks! Try staying *over* the weather this year by taking your vitamins, eating your fruits and veggies, getting enough fresh air, exercising, sleeping, and investing in some germ-blocking surgical masks. It doesn't hurt to try some fun new products and makeup either though.



Clockwise from left: Tarte Cosmetics Tarteist Glossy Lip Paint, PÜR Cosmetics Disappearing Act Concealer, Schmidt's Ylang Ylang Calendula Deodorant, Andalou Facial Cleansing Wipes, Attitude Super Leaves Science Volume & Shine Shampoo and Conditioner, Pacifica Alight Multi-Mineral BB Cream, The Body Shop Almond Milk Body Yogurt, Method Body Cucumber Seaweed Deep Detox Body Wash

# HOLIDAY 2018 DÉCOR

The holidays are for being with family, friends, and generally all your loved ones. The food (awesomely vegan, of course) is a great aspect but let's face it: the most memorable part of the experience is the presents! While it can be tricky to think of good ideas sometimes, we have compiled some awesome décor pieces that are both fun and practical—our favourite combination! And when is there a better time for that than the holiday season? So whether you are still trying to cross people off your list or you want to treat *yourself* to something new, check out some of these cool and cozy knickknacks that will make your home feel even toastier!



Clockwise from top left: Urbivore Natural Cork Yoga Mat, Farmington By Studio Décor fir wood and MDF Wall Art, Arbonne Spiced Vanilla Chai Candle, Pottery Barn Wood Gallery Oversized Mat Frame, William Sonoma stainless steel Gold Pineapple Cocktail Shaker, Anthropologie Agate Coaster, Crate and Barrel wood Acacia Square X Trivet, Kate Spade New York silver plated metal Vienna Lane Ring Holder



## HOLIDAY 2018

### *DINING*

Holiday dining is even more special when it's vegan, frankly. And when there are upscale places serving innovative and delicious food to cozy up in with your one and only love or your entire family, well that's hard to resist this time of year. Stella Resto is just a pop-up restaurant for now, but (rumour has it) the operation could stick around if it achieves enough success. Dino Luciano, the winner of *Masterchef* and menu creator merged with The 5700 (the company behind much of the Vegandale success) on this venture, so we shouldn't expect anything else. Despite its small menu, there are so many amazing flavours—including Alfredo! Go add to the demand.



Clockwise from top left: A complimentary plate of chips and carrot dip, Three Mushroom Capellini with vodka Alfredo sauce, Bohemian Squash Fettuccine with charred fennel, the hip interior vibe of Stella Resto at 304 Richmond St W, Sea Rum Cannoli with amaretto cashew mascarpone and ice cream, Cherry Risotto with lemon chardonnay

